

Caregiver Resources

- 1.) AlzEducate has webinars coming up on Dementia and COVID-19: Strategies for Caregivers.
<http://www.alzeducate.ca/course/index.php?categoryid=10>
- 2.) Mount Sinai has developed a great app called Dementia Advisor. It may be available on both Google Play and the App Store. It talks care partners through responses for some common Responsive Behaviours. It is very easy to use and works offline.
<https://www.dementiacarers.ca/learning-resources/dementia-advisor-app/>
- 3.) There are a lot of great learning tools on www.alzeducate.ca. There are e-learning modules: Dementia Overview, Communication, Responsive Behaviours and Finding Your Way. They are also hosting webinars on a variety of topics. People do need to create an account to access the education.
- 4.) There are a number of good e-learning modules on McMaster's Igericare.
<https://igericare.healthhq.ca/>
- 5.) The Alzheimer's Society are still providing programs online using ZOOM – Minds in Motion, Support Groups and education. There's a Care Essentials (communication and responsive behaviors) starting tomorrow (Apr 2 & 9 from 10 – 12) and there will be another one in early May. The Alzheimer's Society Family Support Coordinators continue to offer support by phone or using OTN. There will also be a weekly opportunity Wednesdays at 4:00 for people to connect by Zoom with either Erika or Dana to ask their questions. Erika is more than happy to have people connect directly with her if they have questions. See contact info below:

Erika Rice

Education Coordinator

Alzheimer Society of Simcoe County

705-329-0909 ext. 3802

