

What is Health Link and why would it be good for you?

Health Link is a group of local healthcare and community service providers, working together, to find ways to do things better for the patients in South Georgian Bay. These include the hospital, your doctor, and all those involved in your day-to-day care. By doing this they are able to help more people stay at home and manage their health and avoid crisis situations all at no cost to you. Your doctor has suggested that you may be someone that could benefit by the extended care provided by the South Georgian Bay Community Health Link.

For you this means less people to tell your story to, less time on waiting lists and someone to work with your doctor to put in place the health services that are right for you.

If you agree to become a Health Link patient, this is what will happen:

- You will be assigned a navigator. The navigator's first job is to get to know all about you. What your needs are when you are back in your home, who if anyone is there to help you, your experiences in the health care system and your medical history. If you are staying in the hospital for a while, the navigator will drop by for a visit to meet you. When you leave the hospital, she/he will arrange to come to your home and find out more about you and get your thoughts on what would improve your day-to-day living. This will help us understand what we can do to help.
- Once the navigator has met with you, she/he will start to find other services that could help you. The navigator will explain all the services available to you and only proceed with the services that you agree would work for your situation.
- The navigator will then arrange the services and bring the people who will be providing this service to meet with you. This will allow you to get to know the people who will help you, and understand what they will be doing for you. Once you are comfortable with the services you and the navigator have decided on, the services will begin.
- Your Navigator will check-in with you on a schedule that works for you once everything is in place. This is a chance to let them know how things are going, what's good, what's not working so well, and ask questions. Let them know any concerns you have. You will also have your navigator's phone number and email and you don't have to wait for them to call you. Anytime you have a question or need to talk you can contact them.
- Your navigator and your doctor will stay in touch, so that your doctor is kept up to date with how things are going for you.

If you have any questions please call 705-444-5885 and ask for the Health Link Coordinator

Regards,
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